

CHALFONT ST GILES SHOW 10K MULTI-TERRAIN RUN

SATURDAY 3RD SEPTEMBER 2011

START: AT 10AM IN STRATTON CHASE DRIVE

N.B. ENTRIES MUST BE RECEIVED BY 31ST AUGUST 2011

Awards for the Winners of each category

All runners will receive a goody bag

& one free entrance ticket to the Show

Entry Fee for the 10K Run: £15.00 per individual entry
£50.00 per team of 4 Runners

Please complete the following, writing clearly or printing

Name:

Address:

.....

Postcode: Tel. No.....

E-mail:

Club Name (if applicable):

PLEASE TICK: Male _____ Female _____ Individual Entry _____

D.O.B. _____ **AGE at 03/09/11** _____

Team Competition: Teams should be made up of 4 runners with categories All Female, All Male or Mixed. All 4 Runners must complete an entry form.

Team Entry Category _____ **Team Name** _____

Cheque (payable to 'C St G Show') enclosed for total of £.....

ALL ENTRANTS MUST COMPLETE:

I confirm that I am over 18, fit and healthy. I take full responsibility for my decision to enter the run and understand that the organisers of the run are not liable for any injury, loss or damage incurred to my person or property through my participation in this run.

Signed **Date**

Please send your entry with cheque to:

CSG 10K Run, Mead Croft, London Road, Chalfont St. Giles, HP8 4NJ

Thank you to our sponsor

